

APRIL 2001

[KD 408]

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

All questions carry equal marks.

1. (a) Discuss the diagnostic criteria for Attention Deficit Disorders in children. (10)  
(b) Explain briefly the nursing management of children with Attention Deficit disorders. (15)
2. (a) Discuss the etiology and clinical manifestations of senile dementia. (10)  
(b) Enumerate the nurses' responsibility of patients having cognitive impairment. (15)
3. (a) Describe the admission and discharge procedures used in psychiatric hospitals based on the Mental Health Act, 1987. (10)  
(b) Explain the legal responsibilities of nurses with regard to the rights and criminal responsibilities of psychiatric patients. (15)

4. Write short notes on any FIVE of the following :

(5 × 5 = 25)

- (a) Sensory training of the mentally retarded
- (b) Therapeutic community in psychiatric nursing
- (c) Mental Health tasks in Adolescence
- (d) Empty Nest Syndrome in elderly
- (e) Nursing approaches in crisis intervention
- (f) Behaviour therapy in Alcohol Dependency Syndrome.

NOVEMBER 2001

[KE 408]

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

All questions carry equal marks.

1. (a) Define Crisis. Discuss the role of a Nurse in crisis intervention with suitable examples. (10)  
(b) Define Community Mental Health Nursing. Discuss the prevention of mental disorders in Community setting. (15)
2. (a) Define Alcohol dependency Syndrome. How do you manage such patients in a Hospital setting? (10)  
(b) Define occupational therapy. Describe the role of a Nurse in rehabilitation of chronic mentally ill patients. (15)

3. (a) Define Communication. Highlight the importance of communication in phases of nurse patient relationships. (10)

(b) Define Dementia. Describe the signs, symptoms and Nursing management of Dementia. Add a note on Family Education. (15)

4. Write briefly on any FIVE of the following : (5 × 5 = 25)

- (a) Nursing process in community mental health.
- (b) Family Therapy.
- (c) Stress and Coping.
- (d) Mental status examination.
- (e) Sexual disorders.
- (f) Observation and Recording.

SEPTEMBER 2002

[KH 408]

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

All questions carry equal marks.

1. (a) Describe the features of Mental Health Act 1987 in relation to admission and discharge from a psychiatric hospital. (15)  
(b) Briefly discuss about the legal aspects of psychiatric care. (10)
2. (a) Define Neurosis. List the common psychiatric disturbances of the aged. (10)  
(b) Describe the Nursing process for a depressive patient of 65 yrs. of age. (15)

3. (a) Discuss in detail about Mental retardation and its aetiological issues. (10)

(b) Discuss the treatment and nursing management of a mentally retarded child. (15)

4. Write a short note on any FIVE of the following : (5 × 5 = 25)

- (a) Juvenile delinquency
- (b) Psychological problems of old age
- (c) Nursing process in Community Mental Health
- (d) Problems related to conception and pregnancy
- (e) Agitated Depression
- (f) Functions of psychiatric hospitals.

APRIL 2003

[KI 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

All questions carry equal marks.

1. (a) Briefly explain the psychiatric disturbances of the aged. (10)  
(b) Discuss the role of a nurse in geriatric psychiatry. (15)
2. (a) Explain the role of a nurse in preventive psychiatry.  
(b) Write briefly on :
  - (i) Promotion of mental health
  - (ii) Clinical teaching. (10 + 15 = 25)

3. (a) The incidence of mental handicap is increasing. Discuss the magnitude of the problem. (10)

(b) Explain the preventive measures you would adopt to reduce the incidence of mental handicap in a community. (15)

4. Write briefly on any FIVE of the following : (5 × 5 = 25)

- (a) Administration of psychiatric units
- (b) Guidance and counselling
- (c) Legal aspects of psychiatric care
- (d) Significance of research in mental health nursing
- (e) Leadership in psychiatric nursing
- (f) Evaluation of client behaviour.

**OCTOBER 2003**

**[KJ 408]**

**Sub. Code : 2308**

**M.Sc. (Nursing) DEGREE EXAMINATION.**

**Second Year**

**Branch V — Mental Health Nursing**

**(Revised Regulations)**

**Part II**

**Paper I — CLINICAL SPECIALITY**

**Time : Three hours                      Maximum : 100 marks**

**Theory : Two hours and                      Theory : 80 marks**  
**forty minutes                                  M.C.Q. : 20 marks**

**M.C.Q. : Twenty minutes**

**M.C.Q. must be answered in a SEPARATE Answer Sheet provided as per the instructions given on the first page of M.C.Q. Booklet.**

**Answer ALL questions.**

1. (a) Define mood disorders. (1)
  - (b) Discuss the biologic and psychological theories related to the development of mood disorders. (4)
  - (c) Identify the possible Nursing Diagnosis and Interventions for a depressed client. (5)
- (1 + 4 + 5 = 10)**

OCTOBER 2003

2. (a) Define Delusion. (1)  
(b) Briefly explain the common types of delusion. (4)  
(c) Discuss briefly the Nursing Interventions for a client who has 'Altered Thought Processes'. (5)  
(1 + 4 + 5 = 10)

3. Write short notes : (10 × 5 = 50)  
(a) Negative symptoms of Schizophrenia.  
(b) Neuro transmitters.  
(c) Extrapyramidal side effects.  
(d) Ego defense mechanism.  
(e) Phases of therapeutic nurse patient relationship.  
(f) Primary role of multidisciplinary team.  
(g) Common precipitants of epilepsy.  
(h) Existential theories.  
(i) Factors in cultural assessment.  
(j) Stages of Grieving.

4. Write short answers : (5 × 2)  
(a) Jobari window.  
(b) Types of child abuse.  
(c) Differentiate between formication floccillation.  
(d) Categories of anxiety disorders.  
(e) Diet consideration for people monoamine oxidase inhibitors.

**APRIL 2004**

**[KK 408]**

**Sub. Code : 2308**

**M.Sc. (Nursing) DEGREE EXAMINATION.**

**Second Year**

**(Revised Regulations)**

**Part II**

**Branch V — Mental Health Nursing**

**Paper I — CLINICAL SPECIALITY**

**Time : Three hours**

**Maximum : 100 marks**

**Sec. A & B : Two hours and  
forty minutes**

**Sec. A & B : 80 marks**

**Sec. C : Twenty minutes**

**Section C : 20 marks**

**Answer Sections A and B in the SAME answer book.**

**Answer Section C in the answer sheet provided.**

**SECTION A**

**I. (1) (a) Discuss in brief the objectives, aims, targets and approaches in mental health programme (1982) in India. (8)**

**(b) Describe in brief how to implement the objectives of psychiatry in primary health care. (7)**

**APRIL 2004**

(2) (a) Make a list of issues and emerging trends in the role of the psychiatric mental health nurse. (6)

(b) Identify and list the challenges for the psychiatric mental health nurse at levels of: (9)

- (i) Education
- (ii) Clinicals
- (iii) Administration.

**SECTION B**

II. Write short notes on the following: (10 × 5 = 50)

- (1) Intelligence test.
- (2) How will you examine a non-cooperative or stuporous patient?
- (3) Lithium carbonate
- (4) Post-traumatic neurosis
- (5) What are the steps important for the prevention of drug abuse?
- (6) Role of the Nurse in Milair Therapy.

2

[KK 408]

(7) (a) Define the terms:

- (i) Transference (1)
- (ii) Counter transference (1)
- (iii) Resistance. (1)

(b) What are the factors affecting psychiatric interviews? (2)

(8) Crisis Intervention

(9) List some of the sexual disorders which have social and legal implications.

(10) Child rearing practices.

3

[KK 408]



**AUGUST 2004**

**[KL 408]**

**Sub. Code : 2308**

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Sec. A & B : Two hours and  
forty minutes

Sec. A & B : 80 marks

Section C : Twenty minutes

Section C : 20 marks

Answer Sections A and B in the **SAME** Answer Book.

Answer Section C in the answer sheet provided.

Answer **ALL** questions.

**SECTION A**

1. Discuss about the various aspects of Bipolar Affective Disorder. (15)
2. Discuss about Conduct Disorder in children. (15)

**SECTION B**

3. Write short notes on the following : (10 × 5 = 50)
  - (a) Autism.
  - (b) Epilepsy.
  - (c) Principles of psychiatric nursing.

(d) Electro Convulsive Therapy.

(e) Lithium.

(f) Mental Status Examination.

(g) Behaviour Therapy.

(h) Sexual Disorders.

(i) Crisis Intervention.

(j) Suicide.

FEBRUARY 2005

[KM 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Branch V — Mental Health Nursing

Paper I — CLINICAL SPECIALITY

Time : Three hours

Maximum : 100 marks

Sec. A & B : Two hours and  
forty minutes

Sec. A & B : 80 marks

Section C : Twenty minutes

Section C : 20 marks

Answer Sections A and B in the SAME Answer Book.

Answer Section C in the answer sheet provided.

SECTION A — (2 × 15 = 30 marks)

1. Critically compare and contrast the Mental health act of 1987 and Indian Lunacy Act 1912. (15)
2. (a) Describe the epidemiology of psychiatric disorders in old age. (especially in India) (5)  
(b) How will you organize psychiatric services in old age. (10)

SECTION B — (10 × 5 = 50 marks)

3. Write short notes on the following :
  - (a) Identity crisis in adolescence.
  - (b) Antisocial personality disorder.
  - (c) Extra pyramidal side effects and its management.
  - (d) Projective psychological test.
  - (e) What are alcohol induced and alcohol withdrawal syndromes? How does alcohol affect pregnancy?
  - (f) How will you counsel the parents of a mentally retarded child?
  - (g) Differentiate between Delirium and Dementia.
  - (h) How does a psychiatric interview differ from a routine medical examination? Why does one require special skill to take an interview?
  - (i) List out the factors determining effective nurse patient relationship.
  - (j) Grief Reaction.

**AUGUST 2005**

**[KN 408]**

**Sub. Code : 2308**

**M.Sc. (Nursing) DEGREE EXAMINATION.**

**Second Year**

**(Revised Regulations)**

**Part II**

**Branch V — Mental Health Nursing**

**Paper I — CLINICAL SPECIALITY**

**Time : Three hours                      Maximum : 100 marks**

**Sec. A & B : Two hours and            Sec. A & B : 80 marks**  
**forty minutes**

**Section C : Twenty minutes            Section C : 20 marks**

**Answer Sections A and B in the SAME Answer Book.**

**Answer Section C in the answer sheet provided.**

**SECTION A — (2 × 15 = 30 marks)**

1. (a) Define Preventive Psychiatry. (2)  
(b) Discuss the role of the Nurse in preventive psychiatry. (13)
2. (a) Define Schizophrenia. (2)  
(b) Discuss the nursing management of catatonic schizophrenic patient. (13)

**SECTION B — (10 × 5 = 50 marks)**

3. Write short notes on :
  - (a) Therapeutic attitude.
  - (b) Characteristics of a Mentally healthy person.
  - (c) Systematic desensitization.
  - (d) Narcoanalysis.
  - (e) Crisis Intervention.
  - (f) Attempted suicide.
  - (g) Postpartum psychosis.
  - (h) Hysterical fit.
  - (i) Marital counseling.
  - (j) Anorexia Nervosa.

**MARCH 2006**

**[KO 408]**

**Sub. Code : 2308**

**M.Sc. (Nursing) DEGREE EXAMINATION.**

**Second Year**

**(Revised Regulations)**

**Part II**

**Branch V — Psychiatric Nursing**

**Paper I — CLINICAL SPECIALITY**

**Time : Three hours                      Maximum : 100 marks**

**Sec. A & B : Two hours and              Sec. A & B : 80 marks**  
**forty minutes**

**Sec. C : Twenty minutes                  Sec. C : 20 marks**

**Answer Sections A and B in the SAME Answer Book.**

**Answer Section C in the answer sheet provided.**

**Answer ALL questions.**

**SECTION A — (2 × 15 = 30 marks)**

- 1. Discuss in detail about Dementia. (15)**
- 2. Discuss various aspects of psychiatric emergencies. Discuss two emergencies in detail. (15)**

**SECTION B — (10 × 5 = 50 marks)**

- 3. Write short notes on the following :**
  - (a) Schizophrenia.**
  - (b) Mental Retardation.**
  - (c) Alcoholism.**
  - (d) Legal Aspects in Psychiatric Nursing.**
  - (e) Antipsychotic drugs.**
  - (f) National Mental Health Programme.**
  - (g) Suicide.**
  - (h) Psychological problems in old age.**
  - (i) Sexual Disorder.**
  - (j) Attention – Deficit hyperactivity disorder.**

SEPTEMBER 2006

[KP 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Paper I — CLINICAL SPECIALITY

Branch V — PSYCHIATRIC NURSING

Time : Three hours

Maximum : 100 marks

Descriptive : Two hours and  
forty minutes

Descriptive : 80 marks

Objective : Twenty minutes

Objective : 20 marks

Answer ALL questions.

1. Define Mental Health State and explain the causes of Mental illness. Discuss the role of Nurse in preventive psychiatry. (20)
2. (a) Define personality. (2)  
(b) Discuss about theories of personality in detail. (13)
3. (a) Define depression. (2)  
(b) Discuss the Nursing Management of patient with Endogenous depression. (13)

4. Short notes :

(6 × 5 = 30)

- (a) Group Therapy
- (b) Delirium Tremens
- (c) Premarital counselling
- (d) Compulsion
- (e) Role of the Nurse in Geriatric psychiatry.
- (f) Dementia.

MARCH 2007

[KQ 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Paper I — CLINICAL SPECIALITY

BRANCH V — PSYCHIATRIC NURSING

Time : Three hours Maximum : 100 marks

Descriptive : Two hours and forty minutes Descriptive : 80 marks

Objective : Twenty minutes Objective : 20 marks

Answer ALL questions.

1. How will you establish, maintain and terminate a nurse patient relationship? (20)
2. State and explain the role of a nurse in the National Mental Health Programme. (15)
3. Explain the nursing management of a paranoid schizophrenic patient using nursing process. (15)

4. Write short notes on : (6 × 5 = 30)

- (a) Development of psychiatric nursing in India
- (b) Models of normal and abnormal behaviour
- (c) Disorders of perception
- (d) Conduct disorders
- (e) Autism
- (f) Neuroleptics

August-2007

[KR 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Paper I— CLINICAL SPECIALITY

Branch V — PSYCHIATRIC NURSING

Time : Three hours                      Maximum : 100 marks  
Descriptive : Two hours and            Descriptive : 80 marks  
                    forty minutes  
Objective : Twenty minutes            Objective : 20 marks

Answer ALL questions.

I. Essay :

(1) Discuss the nursing management of patient with catatonic schizophrenia. How will you establish, maintain and terminate a nurse patient relationship. (20)

(2) Discuss the nursing management of patient with endogenous depression. (15)

(3) Discuss about important etiologic factors and characteristics of children with attention deficit hyperactivity disorder. (15)

II. Write short notes on : (6 × 5 = 30)

- (a) Causes of mental illness
- (b) Antidepressant drugs
- (c) National mental health programme
- (d) Mental retardation
- (e) Group therapy
- (f) Delirium tremens.

March-2008

[KS 408]

Sub. Code : 2308

M.Sc. (Nursing) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Paper I — CLINICAL SPECIALITY

Branch V — PSYCHIATRIC NURSING

Q.P. Code : 302308

Time : Three hours Maximum : 100 marks

Answer ALL questions.

I. Essays : (2 × 20 = 40)

1. (a) Mention the important characteristics of children with Attention Deficit Hyperactivity disorder.

(b) State the important etiologic factors related to the development of Attention Deficit Hyper activity Disorder.

(c) As a nurse, what are the nursing interventions you will plan for a child with Attention Deficit Hyperactivity Disorder?

2. (a) Explain the biologic theories of Schizophrenia.

(b) Briefly discuss the positive and negative symptoms of Schizophrenia.

(c) What are the points you will highlight while giving teaching to clients with Schizophrenia and their family?

II. Write short notes on : (10 × 6 = 60)

1. Narcolepsy.
2. Neuroleptic Malignant Syndrome
3. Antabuse
4. Levels of anxiety
5. Goals of therapeutic communication
6. Side effects of antipsychotic drugs
7. Factors promoting mental health
8. Psychiatric problems in childhood
9. Crisis intervention
10. Post partum Psychosis.



September 2008

[KT 408]

Sub. Code : 2308

M.Sc. (NURSING) DEGREE EXAMINATION.

Second Year

(Revised Regulations)

Part II

Paper I — CLINICAL SPECIALITY

Branch V — Psychiatric Nursing

Q.P. Code : 302308

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

- I. Essay : (2 × 20 = 40)
1. (a) Define crisis. Explain briefly the different types of crisis. (10)
  - (b) Discuss the role of a nurse in crisis intervention. (10)
  2. (a) Classify mental retardation and give a brief explanation of each category. (10)
  - (b) Nurses responsibility in care and rehabilitation of children with mental retardation. (10)

II. Write short notes on :

(10 × 6 = 60)

1. Admission procedure of mentally ill patients.
  2. Primary prevention of mental illness.
  3. Behavioural therapy.
  4. ECT.
  5. Geriatric problems.
  6. Lithium toxicity.
  7. Postpartum psychosis.
  8. Crisis intervention.
  9. Suicide prevention.
  10. Genetics and marital counselling.
-

**MARCH -2009**

**[KU 408]**

**Sub. Code: 2308**

**M.Sc (Nursing ) DEGREE EXAMINATION**

**Second Year**

**(Revised Regulations)**

**Part II**

**Paper I – CLINICAL SPECIALITY**

**Branch V – PSYCHIATRIC NURSING**

**Q.P. Code : 302308**

**Time : Three hours**

**Maximum : 100 marks**

**Answer All questions.**

**I. Essays: (2 X 20=40)**

1. a) What do you understand by the term psychosomatic disorder? What are its Dynamics? Classify the psychosomatic disorders. (12)
- b) Outline the management of patient with ulcerative colitis. (8)
2. a) Define substance abuse, list the withdrawal symptoms of alcoholism.(12)
- b) Develop a patient teaching plan for a client receiving antabuse. (8)

**II. Write Short Notes on : (10X 6 = 60)**

1. Milieu Therapy.
2. Half way homes.
3. Systematic desensitization.
4. Characteristics of a mentally healthy person.
5. Antipsychotics.
6. Family therapy.
7. Organic psychosis.
8. Hysterical fit.
9. Anorexia nervosa.
10. Violent behaviour.

\*\*\*\*\*

September - 2009

[KV 408]

Sub. Code: 2308

M.Sc (Nursing) DEGREE EXAMINATION

Second Year  
(Revised Regulations)

Part II  
Paper I – CLINICAL SPECIALITY

Branch V – PSYCHIATRIC NURSING

*Q.P. Code : 302308*

Time : Three hours

Maximum : 100 marks

Answer All questions.

I. Essays: (2 X 20=40)

1. Define personality disorders. Discuss the etiology, psychopathology and management of a patient with addiction.
2. State and explain the nursing management of a depressed patient.

II. Write Short Notes on : (10X 6 = 60)

1. Psychosis.
2. Mental Retardation.
3. Psychotherapy.
4. Psychological problems of the old.
5. Premenstrual syndrome.
6. Common psychological problems observed in Indian women.
7. Behavioral and emotional disorders seen in children.
8. Neuroleptics.
9. Development of community psychiatry.
10. Sexual dysfunctions.

\*\*\*\*\*